

Atlantic Christian After-School Program



Fall 2017 Class Schedule

ACTIVITY & INSTRUCTOR	GRADES	COST	DATES & TIMES
Fitness Center Mrs. Cassandra Howie	9 th -Adult	\$15/month	Daily 3:00-5:00 pm for students (7:00 am-5:00 pm for adults)
Beginning Band Mrs. Shirlene Perini	4 th -12 th	No Charge	Mondays & Wednesdays, beginning September 11 3:15-4:00 pm
Intermediate Band Mrs. Shirlene Perini	5 th -12 th	No Charge	Tuesdays & Thursdays, beginning September 12 3:15-4:00 pm
Intramural Cheerleading Mrs. Morgan Gibson	K-5 th	\$75	Mondays: Sept 18, 25, Oct 2, 16, 23, 30 3:15-4:30 pm
Karate Freestyle Martial Arts	PK4-12 th	\$90 for 5 weeks	Tuesdays & Thursdays, beginning September 19 3:15-4:00 pm
Little Mozarts Music – Session 1 Mrs. Stephanie Rosie	PreK4-K	\$65	Tuesdays: Sept 19, 26, Oct. 3, 10, 17, 24 3:15-4:00pm
Model Railroading Mr. Robert Erman	6 th -12 th	\$45	Tuesdays: Sept. 19, 26 Oct 3, 10, 17, 24 3:15-4:15 pm
Soccer GPS Juniors	PK4-5 th	\$60	Wednesdays: Sept 20, 27 Oct 4, 11, 18, 25 3:15-4:00 pm
Gymnastics Blake's Gymnastics	1 st -5 th	\$70	Fridays: Sept. 22, 29 Oct. 6, 13, 20, 27 3:15-4:00pm
Elementary Servant's Heart Club Mrs. Jennifer DiMaio	2 nd -5 th	\$25 for the year	First Tuesday of every month October-May 3:15-4:00 pm
Fall-Themed Ceramics The Clay Station	PK4-5 th grade	\$25	Monday, October 2 3:15-4:30 pm
Crochet Club Miss Rebecca Stonelake	5 th -Adult	\$50 or drop in for \$5 each	Wednesdays: Oct. 4, 11, 18, 25 Nov. 1, 8, 15, 29, Dec. 6, 13 3:15-4:15 pm
Tumblewheels Gymnastics Mrs. Krystle Pena	PreK2-K	\$48/month	Thursdays beginning October 5 3:15-4:00pm
Art Workshop Ms. Sherry Mirakian	3 rd -8 th	\$60	Thursdays: Oct. 12, 19, 26 Nov. 2, 9, 16 3:15-4:15pm
Elements of Singing Mrs. Stephanie Rosie	9 th -12 th	\$90	Wednesdays: Oct. 25, Nov. 1, 8, 15, 19, Dec. 6 3:15-4:15pm
Little Mozarts Music – Session 2 Mrs. Stephanie Rosie	K-1 st	\$65	Tuesdays: Nov 7, 14, 21, 28 Dec. 5, 12 3:15-4:00pm
Christmas Ceramics The Clay Station	PK4-12 th	\$25	Monday, December 11 3:15-4:30 pm

Art Workshop – 3rd-8th

Ms. Sherry Mirakian, ACS Art Teacher

Be inspired by fall colors and nature while exploring drawing, pastels, painting, paper arts, printing and pen & ink.

Band – K-12th

Mrs. Shirlene Perini, ACS Band Director

Improve your band skills! This free after-school band class includes two levels: beginner (meets on Mondays and Wednesdays) and intermediate (meets on Tuesdays and Thursdays). Approval from Mrs. Perini is needed to join the intermediate band class.

Crochet Club – 5th-Adult

Miss Rebecca Stonelake, ACS HS Science Teacher

This club will include 3 projects including a charitable donation project and a Christmas Gift project. Moms and grandmoms are invited to join as well.

Fall & Christmas Ceramics – PreK4-12th

Ms. Meredith Punt, Owner, The Clay Station

Paint your own pottery! Students will choose designs for the fall and Christmas season to create gifts and home decorations. All pottery will be food and dishwasher safe.

Elements of Singing – 9th-12th

Mrs. Stephanie Rosie, ACS Elementary Music Teacher

Do you love to sing & want to learn how to sing better? Explore the basics of singing and caring for your voice, applicable to virtually any musical style. Note: Students will also have an opportunity to sign up for private, one-on-one voice lessons following completion of this course.

Elementary Servant's Heart Club – 2nd-5th

Mrs. Jennifer DiMaio

This club fosters a love for serving God and others with all your heart through special projects each month to bless others.

Fitness Center – 9th-Adult

Mrs. Cassandra Howie, Certified Personal Trainer

Come to the ACS Fitness Center, open Monday thru Friday from 7:00 a.m. to 5:00 p.m. A trainer will be there from 3:00 to – 5:00 pm Monday thru Friday.

Gymnastics – 1st-5th

Blake's Gymnastics

Learn the basics of gymnastics and then build your skills each week. This 6-session class is designed to enhance the child's love for movement and excite them about fitness fun.

Intramural Cheerleading – K-5th

Mrs. Morgan Gibson, Former Varsity Cheerleading Capt

Learn cheers, chants, and pom-pom routines while discovering how to engage and excite the crowd. This 6-session class leads to cheering for basketball season and includes a performance for parents at the end.

Little Mozarts Music – PreK4-K & K-1st

Mrs. Stephanie Rosie, ACS Elementary Music Teacher

Through 6 sessions of singing, dancing, & interactive play, your child will be introduced to the essential elements of music.

Karate – PreK4-12th

Mr. Brian Moragne, Freestyle Martial Arts

Learn karate, capoeira, self-defense, and fitness, with an emphasis on developing a positive self-image and exhibiting humility, kindness, and respect.

Model Railroading – 6th-12th

Mr. Robert Erman, Certified Teacher

Gain experience in model railroading during this 6-session class. Learn to build a train layout and develop basic engineering skills that integrate science, math, general problem solving, and organizational skills.

Soccer – PreK4-5th

GPS & GPS Juniors

Learn the essentials of soccer from fully qualified coaches during this 6-week class.

Tumblewheels – PreK2-K

Mrs. Krystle Pena

Tumble Wheels is a non-competitive gym facility and mobile program that travels to ACS in a full-size school bus that has been converted into a gymnasium. The children will learn safe activities on the equipment while developing their self-image through tumbling, music, physical education, motor/movement, social skills, safety, personal care, and encouragement. Register online at www.MyTumbleWheels.com